

# FEBRUARY

## MONDAY

## TUESDAY

## WEDNESDAY

# MIDDLE & HIGH MENUS

## THURSDAY

## FRIDAY

<p>The numbers in ( ) indicate the grams of carbohydrates per menu item.</p> <p>Items with an asterisk (*) contain pork.</p>		<p><b>**Early Release Day Menu-see below (if applicable)</b></p> <p>Turkey Ham &amp; Cheese Sandwich or PB&amp;J Sandwich Baby Carrots w/ Dip Peach Cup or Applesauce Cup Milk</p>		
<p><b>1</b> Chicken Nuggets(11) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Tossed Salad(3) Baked Potato Wedges(16) Tomato Soup(16) Chilled Peaches(15) Roll(18)</p> <p><b>Breakfast</b> Sausage Biscuit(28) Yogurt (22) w/ Grahams(16)</p>	<p><b>2</b> Chicken Quesadilla(24) Taco (25) Chef Salad(27) Pintos(24) Oven Roasted Potatoes(15) French Fries (high only) Applesauce(15)</p> <p><b>Breakfast</b> Egg &amp; Cheese Biscuit(31) Pop-Tarts(74)</p>	<p><b>3</b> Lasagna(31) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Tossed Salad(3) Sweet Yellow Corn(17) Sliced Pears(20) Garlic Toast(21)</p> <p><b>Breakfast</b> Chicken Biscuit(35) Yogurt (22) w/ Grahams(16)</p>	<p><b>4</b> Nachos w/ Chili(32) *Pork BBQ Plate w/ Roll(19) Chef Salad(27) Mashed Potatoes(15) Glazed Carrots (14) French Fries (high only) Fruit Cocktail(16)</p> <p><b>Breakfast</b> Breakfast Pizza(25) Super Donut(40)</p>	<p><b>5</b> Buffalo Bites(19) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Carrot &amp; Celery Sticks w/ Dip(5) Tossed Salad(3) Baked Apples(34) Trail Mix(49) Roll(18)</p> <p><b>Breakfast</b> Ham Biscuit(29) Pancake Sausage on Stick(23)</p>
<p><b>8</b> Hamburger/Cheeseburger(26) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Baked Beans(31) Tossed Salad(3) Strawberries(7)</p> <p><b>Breakfast</b> Sausage Biscuit(28) Yogurt (22) w/ Grahams(16)</p>	<p><b>9</b> Taco(25) Chicken Pie(23) Chef Salad(27) Green Peas(17) Sweet Potato Souffle(66) French Fries (high only) Pineapple Tidbits(15) Roll(18)</p> <p><b>Breakfast</b> Egg &amp; Cheese Biscuit(31) Pop-Tarts(74)</p>	<p><b>10</b> Beef Tips w/ Rice (25) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Tossed Salad(3) Broccoli &amp; Cheese(5) Orange Wedges(16) Roll(18)</p> <p><b>Breakfast</b> Chicken Biscuit(35) Yogurt (22) w/ Grahams(16)</p>	<p><b>11</b> Hot Dog(21) Nachos w/ Chili(32) Chef Salad(27) Sweet Yellow Corn(17) Green Beans(7) French Fries (high only) Fruit Cobbler(46)</p> <p><b>Breakfast</b> Breakfast Pizza(25) Super Donut(40)</p>	<p><b>12</b> Roasted BBQ Chicken(12) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Mashed Potatoes(15) Vegetable Soup(15) Fruited Gelatin(39) Roll(18)</p> <p><b>Breakfast</b> Ham Biscuit(29) Pancake Sausage on Stick(23)</p>
<p><b>15</b> Chicken Nuggets(11) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Tossed Salad(3) Baked Potato Wedges(16) Tomato Soup(16) Chilled Peaches(15) Roll(18)</p> <p><b>Breakfast</b> Sausage Biscuit(28) Yogurt (22) w/ Grahams(16)</p>	<p><b>16</b> Chicken Quesadilla(24) Taco (25) Chef Salad(27) Pintos(24) Oven Roasted Potatoes(15) French Fries (high only) Applesauce(15)</p> <p><b>Breakfast</b> Egg &amp; Cheese Biscuit(31) Pop-Tarts(74)</p>	<p><b>17</b> Lasagna(31) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Tossed Salad(3) Sweet Yellow Corn(17) Sliced Pears(20) Garlic Toast(21)</p> <p><b>Breakfast</b> Chicken Biscuit(35) Yogurt (22) w/ Grahams(16) <b>**Early Release Day – see above**</b></p>	<p><b>18</b> Nachos w/ Chili(32) *Pork BBQ Plate w/ Roll(19) Chef Salad(27) Mashed Potatoes(15) Glazed Carrots (14) French Fries (high only) Fruit Cocktail(16)</p> <p><b>Breakfast</b> Breakfast Pizza(25) Super Donut(40)</p>	<p><b>19</b> Buffalo Bites(19) Cheese or *Pepperoni Pizza(41) Turkey, Ham &amp; Cheese Deli Sub(47) Carrot &amp; Celery Sticks w/ Dip(5) Tossed Salad(3) Baked Apples(34) Trail Mix(49) Roll(18)</p> <p><b>Breakfast</b> Ham Biscuit(29) Pancake Sausage on Stick(23)</p>

<p><b>22</b> Hamburger/Cheeseburger(26)          Cheese or *Pepperoni Pizza(41)          Turkey, Ham &amp; Cheese Deli Sub(47)          Baked Beans(31)          Tossed Salad(3)          Strawberries(7)</p> <p><b><u>Breakfast</u></b>          Sausage Biscuit(28)          Yogurt (22) w/ Grahams(16)</p>	<p><b>23</b> Taco(25)          Chicken Pie(23)          Chef Salad(27)          Green Peas(17)          Sweet Potato Souffle(66)          French Fries (high only)          Pineapple Tidbits(15)          Roll(18)</p> <p><b><u>Breakfast</u></b>          Egg &amp; Cheese Biscuit(31)          Pop-Tarts(74)</p>	<p><b>24</b> Beef Tips w/ Rice (25)          Cheese or *Pepperoni Pizza(41)          Turkey, Ham &amp; Cheese Deli Sub(47)          Tossed Salad(3)          Broccoli &amp; Cheese(5)          Orange Wedges(16)          Roll(18)</p> <p><b><u>Breakfast</u></b>          Chicken Biscuit(35)          Yogurt (22) w/ Grahams(16)</p>	<p><b>25</b> Hot Dog(21)          Nachos w/ Chili(32)          Chef Salad(27)          Sweet Yellow Corn(17)          Green Beans(7)          French Fries (high only)          Fruit Cobbler(46)</p> <p><b><u>Breakfast</u></b>          Breakfast Pizza(25)          Super Donut(40)</p>	<p><b>26</b> Fish Sticks(17)          Cheese or *Pepperoni Pizza(41)          Turkey, Ham &amp; Cheese Deli Sub(47)          Mashed Potatoes(15)          Vegetable Soup(15)          Fruited Gelatin(39)          Roll(18)</p> <p><b><u>Breakfast</u></b>          Ham Biscuit(29)          Pancake Sausage on Stick(23)</p>
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**\*\*Menus are subject to change due to weather, calendar changes, administrative directives &/or product availability.**

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