

### Grade 6 Reproductive Health and Safety Education Outline

	Theme	Objectives	Teaching/Learning Activities	Teaching Methodology	Source
Day 1	Communication Skills	6.ICR.1.1, 6.ICR.1.2, 6.ICR.1.3, 6.ICR.2.3, 6.ICR.2.5, 6.ICR.2.6	Pre-Test	Pre-Test	
			*Are You Assertive?"	Class Activity	Appendix G (RC-45)
			Passive/Aggressive/Assertive Behavior	Class Discussion w/ PowerPoint	
			Passive, Aggressive, or Assertive?	Worksheet and Review notes	Appendix I (RC-46)
			* I Messages	Worksheet	STMSH 8.ICR.1.4
			* "Communication Do's and Don'ts"	Activity	Appendix K
			* How to be a Good Friend	Handout	
			* My Best Friend	Student Worksheet	
			* "AS, P, AG" Passive, Aggressive, Assertive Responses	Worksheet	
			* Friendship Soup	Video Clip 3:12	
			<a href="#">* Effective Communication- Flocabulary</a>	Nearpod 4:28	
* BrainPOP: Conflict Resolution	Video Clip 4:25				
* BrainPOP: Bullying	Video Clip 3:31				
Day 2	Puberty	6.ICR.3	<a href="#">Hygiene PowerPoint</a> * BrainPOP: Hygiene	Video Clip 5:09	
Day 3	Puberty	6.ICR.3.1	Puberty Walk	Activity	Appendix I, STMS 6th
			Changes During Puberty in Boys/Girls	Class Discussion w/ Transparency	Blue Book (Holt DFH)
			Wonders of Adolescence- Changes During Puberty	Worksheet	
			* I'm a 6th grader: They tell me I'm going through Puberty	Handout/Discussion	
			* BrainPOP: Adolescence	Video Clip 4:19	
			* BrainPOP: Puberty	Video Clip 4:28	
			* BrainPOP: Menstrual Cycle	Video Clip 4:39	
<a href="#">* Puberty, Body Odor, and Other Body Changes</a>	Video Clip 2:33				
<a href="#">* Menstruation: What to Expect</a>	Video Clip 3:25				
Day 4	Male/Female Reproductive Systems & Menstrual Cycle	6.ICR.3.1, 6.ICR.3.2	Male Reproductive System	Transparency	Red Book (Holt DFH)
			Female Reproductive System	Transparency	Red Book (Holt DFH)
			Fertility and the Menstrual Cycle	PowerPoint	adapted fr. STMSH 7:RB
			Wonders of Adolescence- Changes During Puberty	Worksheet	
			* Sporting Abstinence	Worksheet	Lesson 1(MH)
			* A Family Homework Exercise: Puberty (Extra Credit)	Worksheet/ Homework	
			* Post- Test	Written Test	

\* Optional Activities