

8th Grade
GCS - Family Life/ Reproductive Health and Safety Education Curriculum Outline

Theme	Objectives	Teaching/Learning Activities	Teaching Methodology	Source
Day 4 Abstinence and Healthy Relationships	8.ICR.1.1, 8.ICR.1.4, 8.ICR.1.5, 8.ICR.2.1	"Group Discussion on Abstinence Until Marriage"	Group Discussion	Appendix G
		Developing Health Relationships	PowerPoint	STMSH 8.ICR.1.1&1.6
		Signs of Abusive Relationships	Transparency	
		Signs that a Friend is Being Abused	Transparency	
		* "Losing Myself" Story	Group Discussion	STMH Lesson 3.06 App. 2
		* Predicting: Jenny Deyo (Losing Myself)	Transparency/Class Discussion	
		* "How Relationship Smart Are You?"	Handout	SHTC Lesson 8.01 App. 3
		* Daters Bill of Rights	Transparency/Class Discussion	
		* Advocating Abstinence	Lesson w/ activity	STMSH 8.ICR.3.1
		* Abstinence Worksheet 2	Handout	
		* "Benefits of a Traditional Monogamous Marriage"	Handout	adapted fr. Sex & Char Ed-477
		* Teen Texting- Harassment PSA	Video Clip	
		* Teen Dating Violence	Video Clip	
* Teen Violence	Transparency			
* Sex In Advertising	Worksheet			
Day 5 Sexual Assault Awareness and Prevention	8.ICR.1.1, 8.ICR.1.2, 8.ICR.1.4, 8.ICR.1.5, 8.ICR.1.6, 8.ICR.3.3, 8.ICR.3.4	Sexual Assault Matrix	PowerPoint/Handout/Cards	
		Family Life Resource Sheet	Transparency/Handout	
		"What To Do If Someone Is Making You Uncomfortable"	Handout	
		* Choosing to Disclose & Supporting a Friend	Handout/PowerPoint	
		* Human Trafficking Five Disguises	PowerPoint	
Day 6 Sexual Assault Awareness and Prevention	8.ICR.1.1, 8.ICR.1.2, 8.ICR.1.4, 8.ICR.1.5, 8.ICR.1.6, 8.ICR.3.3, 8.ICR.3.4	* Extraordinary You: Human Trafficking Curriculum	Lessons w/PowerPoints	adapted fr AbolitionNC
		* Sexual Assault Myths and Facts	Activity/Class Discussion	
		* Sexual Assault Myths and Facts Table	Handout	
		* Digital Disrespect Scenarios	Small Group Activity/ClassDiscussion	STMH Lesson 8.05 App. 4a
		* Interpersonal Communication and Relationships	Quiz	
		* Don't Slip When you Sip	Activity/Class Discussion	Meeks/Heit:Clear Message
Day 7 Sexual Assault Awareness and Prevention	8.ICR.1.2, 8.ICR.1.5, 8.ICR.1.6, 8.ICR.3.3, 8.ICR.3.4	Chosen	Video & Discussion (20 minutes)	
		Bad Intentions	Handout	
		* Chosen Vocabulary	PowerPoint	
		* Chosen Video Transcript	PowerPoint	
		* Chosen Video Review	Worksheet	
		* Project No Rest: Classroom Commercial	Video Clip	
		* Human Trafficking Awareness: Know The Signs	Video Clip	

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Day 7 con't	Sexual Assault Awareness and Prevention	* Teens are an Easy Target for Human Traffickers * Crime: The Story of Three Girls	Video Clip Video Clip	
Day 8	Consequences of Early Sexual Involvement 8.ICR.2.1, 8.ICR.3.1	Too Young Video "The Dollars and Sense of Pregnancy" "What I Did Last Saturday" STD Information (8th Grade) * STD Awareness PowerPoint * STD Awareness PowerPoint, Student Fill in the Blanks * Baby Cost * "A Story"	Video and Discussion (5 minutes) Transparency/Worksheet Worksheet Handout Transparencies/PowerPoint Handout Worksheet Small Group Activity/ClassDiscussion	NCAAHEdrv.8.ICR3.1Ap5/6
Day 9	STD's and HIV/AIDS 8.ICR.1.4, 8.ICR.2.2, 8.ICR.3.3	STD/HIV Jeopardy Dice Game * "Ask Alicia/Alex" * "HIV Fact or Myth?" * HIV Prevention * "What is AIDS?" (2 versions) * HIV Interview with a Parent	Game Game Activity Activity PowerPoint Worksheet Worksheet/Homework	Appendix S STMSH adapted fr. STMSH
Day 10	Consequences of Sexual Activity 8.ICR.1.4, 8.ICR.2.1, 8.ICR.2.2, 8.ICR.3.1, 8.ICR.3.3	"Sex Smart for Teens- Abstinence" * "Quiz A: Sex Smart for Teens" * Talking to Parents: Abstinence * Talking to Parents: Healthy Relationships	Video & Discussion (34 mins) Worksheet Worksheet/Homework Worksheet/Homework	
Day 11	Contraception 8.ICR.2.1, 8.ICR.3.2, 8.ICR.3.3	"Methods of Contraception" (emphasis on lack of effectiveness) * Methods of Contraception * Effectiveness Ranking Cards and Headings * "What Birth Control Method Am I?"	Handout PowerPoint Activity Worksheet	
Day 12	Peer Pressure 8.ICR.1.4, 8.ICR.1.5, 8.ICR.2.2	Presents and Flowers Pressure Lines * "Ways to Set Limits for Expressing Affection" * Risk Behavior Card Activity	Role-Play Role-Play Handout Activity	Sex and Char Ed-465
Day 13	Assessment 8.MEH.2.2, 8.ICR.1, 8.ICR.2, 8.ICR.3	Post Test Question and Answer Session	Written Test Class Discussion	

* **Optional Activities**