

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Contact Info: Coach Long: 336 469-5205 longd@gcsnc.com	Note: Incoming freshmen are WELCOME to attend ALL summer activity- Please have copy of a physical	1 Dead Period Seniors will reach out regarding sand court vb	2 Dead Period	3 Dead Period	4 Dead Period	5
6	7 This week seniors will contact about sand court vb- Coach Long is at AP Reading through 16th	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Volleyball 9am-11am	22 6pm Scrimmage at SW	23	24 Volleyball 9-11	25	26
27	28	29 Volleyball 9-11	30 Volleyball 9-11	Volleyball 9-11		

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
				1 Volleyball 9-11	2 NO VB	3
4	5 Dead Period	6 Dead Period	7 Dead Period	8 Dead Period	9 Dead Period	10
11	12 Scrimmage @ SW 6pm	13 Volleyball 9-11	14 Volleyball 9-11	15 Volleyball 9-11	16	17
18	19 Dead Period: Option skills camp at Piedmont	20 Dead Period: Option skills camp at Piedmont	21 Dead Period: Option Competitive play at Piedmont	22 Dead Period Option Competitive play at Piedmont	23 Dead Period	24
25	26 Volleyball Camp Cost \$65 9-12	27 Volleyball Camp 9-12	28 Volleyball Camp 9-12	29 Volleyball 9-11	30	31

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
1	2 Tryouts 9-12	3 Tryouts 9-12	4 Practice	5 Practice	6	7
8	9 Practice	10 Practice	11 Practice	12 Scrimmage at McMichael	13 Practice	14 Scrimmage at Cox Mill (Varsity)
15	16 Practice PM	17 Home vs McMicheal JV start 5:30pm	18 Away at East Forsyth	19 Practice PM	20 Practice	21
22	23 Practice	24 Home Vs. Bishop	25 Practice	26 Away at Central Davidson	27 Practice	28
29	30 Practice	31 Away at NW Guilford				