

June 2019

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Head Coach: Diane Long longd@gcsnc.com 336 469 5205				1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	30	24	25 Open Gym 10:30-12:00	26 Open Gym 10:30-12:00	27 Open Gym 10:30-12:00	28	29

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 DEAD PERIOD	2	3	4	5	6
7	8	9 Open Gym 9-11am	10 Open Gym 9-11am	11 Open Gym 9-11am	12	13
14	15 DEAD PERIOD	16	17	18	19	20 APP State Team Camp Depart 8:30am
21	22 Return from App	23	24 Open Gym 9-11am	25 Open Gym 9-11am	26	27
28	29 Western Camp 9-12 K-5 th 1-4pm 6 th -12 th	30 Western Camp 9-12 K-5 th 1-4pm 6 th -12 th	31 Western Camp 9-12 K-5 th 1-4pm 6 th -12 th	Tryouts August 1 st - 3 rd		

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Tryouts 9-12	2 Tryouts 9-12	3 Tryouts 9-12
4	5 Practice 9-12	6 Practice 9-12	7 Practice 9-12	8 Practice 9-12	9 Scrimmage at Central Davidson	10
11	12 Scrimmage @ McMichael	13 Practice 9-12	14 Practice 9-12	15 Practice 9-12	16 Practice 9-12	17
18	19 @ Eastern Guilford	20 @ Ragsdale	21 Home vs Central Davidson	22 Practice 4-6	23 Practice 7-9am	24 JV Tournament @ Grimsley

25	26 Practice 4-6	27 Home vs Ragsdale	28 Practice 4-6	29 Home vs McMichael	30 Practice 4-6	31
----	--------------------	---------------------------	--------------------	----------------------------	--------------------	----