



# Summer On-Site Lunch Menu June - August 2019

## Monday

Chicken Pattie Sandwich (43g)  
PBJ Sandwich (64g)  
Baked Beans (30g)  
Broccoli & Dip (6g)  
Fruit Cup or Oranges (10g)  
Milk

## Tuesday

Hamburger (30g)/Cheeseburger (31g)  
PBJ Sandwich (64g)  
Cheesy Broccoli (5g)  
Baby Carrots & Dip (6g)  
Apples (8g) or Oranges (10g)  
Milk

## Wednesday

Chicken Nuggets (16g)  
Mini Biscuit (22g)  
PBJ Sandwich (64g)  
Garden Salad w/ Dressing (8g)  
Gold Rush Fruitable (12g)  
Assorted Fruit Juice or Grapes (15g)  
Milk

## Thursday

Cheese (28g) or Pepperoni Pizza (30g)  
PBJ Sandwich (64g)  
Baby Carrots & Dip (10g)  
Green Beans (6g)  
Oranges (10g) or Chilled Peaches (14g)  
Milk

## Friday

Turkey & Cheese Croissant, IW  
(26g)  
PBJ Sandwich (64g)  
Grape Tomatoes & Dip (5g)  
Broccoli & Dip (6g)  
Fruit Cup

### Milk Variety Offered Daily:

Skim Milk, 1% Milk, Fat Free  
Chocolate Milk