

## Appropriate Expectations for Young Children

Ways you may work with your child at home:

- Attend class group times and activities/lessons
- Attend any scheduled sessions during the week with your child
- Complete activities assigned to your child for the week
- Engage in assigned activities for the week (do what works for your child and family)
- Practice skills throughout the day while at home
  - Routines
  - Playing or reading with your child
  - While making or eating Meals
- Reach out to Mrs. Renee` or Ms. Tarcher for additional support when needed

	<b>Birth to 3</b>	<b>Preschool-K</b>
<b>Unique Learning Characteristics</b>	Learn best in small blocks of time with repetition Observes things/faces Listens to sound and voices Experiments with objects Explores environment using all the senses Touches textures	Learn best in small blocks of time with repetition Engages in active exploration of environment in both child-initiated and adult-led activities Makes learning choices based on own interests
<b>Social Studies</b>	Encourage families to share stories, talk about their family and culture, explore culturally specific foods, music, dance, clothing, etc.	Encourage families to share stories and talk about/explore their culture as with younger children. Families can expand learning by giving PreK students the opportunity to share chores at home and make certain decisions in the home.
<b>Social-Emotional Needs</b>	Establish and maintain nurturing relationships with the student in conjunction with a responsive caregiver Assist students in identifying basic emotions	Provide child-directed choices within a structured environment Set limits consistently Maintain freedom within limits to provide stability and predictability Maintain a daily schedule of activities and encourage children to identify, label, and manage emotions
<b>Language</b>	Listen to and talk about stories Sing together and teach familiar songs Practice using rhyming words and a variety of vocabulary words Encourage reading	Play letter sound games Listen to and talk about stories and encourage reading Create a journal to set up drawing and writing routines. Promote self-expression and creativity Increase vocabulary by introducing new words

<b>Math</b>	Practice reciting numbers and play with shapes Count out loud, count objects in the home, identify colors, sort objects Hunt for shapes in the home	Practice counting and count objects Explore/identify shapes and colors Practice writing numbers Play sorting games Play simple board games
<b>Science</b>	Through science, young children begin to understand the world around them. They learn to manipulate the physical, chemical, and biological objects in their environment. Encourage families to provide explorative activities and allow children to test and push limits while questioning what is and what can be.	Observe the environment and describe through words, images, and stories. Encourage children's reasoning about their own experiences and the world around them Participate in recycling activities Participate in meal preparation and mixing ingredients.
<b>Daily Living</b>	Children learn basic daily living skills such as how to feed themselves, drink from a cup, toilet, dress/undress, and clean up after themselves. Encourage families to provide opportunities for independence	Children should continue learning basic skills and families should continue encouraging independence Children can begin taking more responsibility during bathing and dressing Children can complete simple chores and meal preparation and clean-up Children should be encouraged to clean up their toys daily
<b>Motor</b>	Young children are learning how to use their hands to manipulate objects, toys, and tools. Families should be encouraged to introduce a variety of fine motor toys, manipulatives, and building materials For gross motor development, families should provide daily outdoor gross motor play through family walks, playtime with balls, bubbles, and simple climbing toys. Indoor gross motor play can include learning how to use stairs safely and navigating different terrain in the home.	Children should be encouraged to use school tools daily to color, draw, write letters and numbers and to snip/cut and glue. Hand strength can be encouraged by using play dough and other manipulatives Children can assist with a variety of chores in the home from stirring, scooping/pouring ingredients, and even wiping surfaces. Gross motor play should occur daily for up to an hour or more