

Click on the restaurant names for more details!

Mondays

Blue Rock Pizza and Tap

– High Point – Kids Eat for \$1.99 on Mondays. One discounted kids meal per adult meal. Dine in or take out.

Boba House

– Greensboro – Kids Eat Free Monday. One free kids meal per adult entree at lunch or dinner. Kids meal must be ordered from kids' menu.

Casa Vallarta Mexican and Seafood Grill

– Greensboro – Kids Eat Free Monday, Tuesday and Wednesday from 4-7pm (ages 10 and below). One kids meal per adult meal. Items 1- 7 on the menu only.

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

Giannos of High Point

– High Point – Kid's Eat Free on Monday. One free kids' meal with the purchase of a regular priced dinner entree. Dine-in or take out.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet.

J. Butlers

– Lewisville, Kernersville, and High Point/Archdale locations – Kids Eat Free Monday. One free kids' meal per adult meal purchased. Promotion available all day for Lewisville. Promotion available after 4pm at Kernersville and High Point/Archdale locations.

O'Charley's Restaurant and Bar

–Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entree. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. One free child meal per paying adult. Dine in only.

Ronni's Restaurant

-Clemmons- Kids Eat Free Monday from 4-8pm. Two free kids' meals per adult meal. Kid must be 8 or under and order from the kids' menu. Dine-in only.

Salsarita's Fresh Cantina

– Greensboro + High Point – Kids Eat Free Monday. One free kids' meal per adult meal purchased.

Zaxby's

– Greensboro (Bantiff Way) – Kids Eat Free Monday from 5-8pm. Purchase one adult meal and receive one kids' meal for free. Must order inside.

– King (212 Ingram Drive) – Kids Eat Free on Monday from 5-9pm. Purchase one adult meal and receive one kids' meal for free.

– Walkertown (5211 Walkertown Commons Circle) – Kids Eat Free Monday from 5pm – 9pm. Purchase one adult meal and receive one kids' meal for free.

– Winston Salem (Peters Creek) – Kids Eat Free Monday from 5-8pm. One free kids' meal per each adult meal.

Tuesdays

Barberitos Southwestern Grill and Cantina

– Greensboro (Pisgah Church + Spring Garden) – Kids Eat for \$1.99 Tuesday after 4pm and all day Sunday. One kids' meal per adult entrée purchased. Kids must be 12 or under. Menu options only – changes cost extra.

Boston Market

– Greensboro – Kids Eat Free Tuesday with an adult purchase after 3pm. Child must be present. Dine in or take out.

Carolina Ale House

– Winston-Salem – Kids Eat for \$.99 on Tuesday from the kids' menu. Special runs from 4-10pm. Receive up to two kids meals per paying adult.

Carolina's Diner

– Greensboro, High Point + Archdale – Kids Eat Free Tuesday. Kids 12 and under eat free from the kids' menu with each adult purchase from 4-9 pm.

Casa Vallarta Mexican and Seafood Grill

– Greensboro – Kids Eat Free Monday, Tuesday and Wednesday from 4-7pm (ages 10 and below). One kids meal per adult meal. Items 1- 7 on the menu only.

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

Diamondback Grill

– Winston-Salem – Kids Eat for \$2 on Tuesdays. Must order from the kids' menu. No limit on kids. Dine-in only.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet.

Highway 55 Burgers, Shakes & Fries

– Greensboro – Kids Eat Half Off on Tuesday after 5pm. No adult meal purchase required.

K + W Cafeterias

– All Locations – Kids Eat Free Tuesday. Kids ages 12 and under can order from the kids' menu. Dinner includes a child-size entree, veggie, bread, drink and dessert. Dine-in only. Two kids per paying adult.

Kanpai Japanese Steak and Seafood House

– Winston-Salem – Kids Eat Free on Tuesday and Wednesday. Receive one free kids' chicken meal per two adult entrees. Dine-in only.

Mac's Speed Shop

– Greensboro – Kids Eat Free Tuesday. Kids 11 and under eat free with purchase of adult entree after 5:00 pm. One kid meal per adult entrée.

McAlister's Deli

– Triad locations – Kids Eat Free Tuesday. Kids 12 and under eat free with the purchase of an adult meal from 9-5pm. Two kids' meals per 1 adult meal. Dine-in only.

Mosca's Italian Restaurant – Kids Eat Free Tuesday. Kids 12 and under eat free with the purchase of a regular entree and drink. Dine-in only. *Offer for a limited time only.

O'Charley's Restaurant and Bar

– Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entree. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. *One free child meal per paying adult. Dine in only.*

Zaxby's

– Burlington (Garden Road) – Kids Eat for \$0.99 Tuesday. Up to two kids' meals per adult meal purchased from 5-9pm.

– Graham (501 S Main St) – Kids Eat for \$0.99 Tuesday with purchase of an adult meal from 5-9pm.

– Mebane (1316 Mebane Oaks Rd) – Kids Eat for \$0.99 on Tuesday. Up to two kids' meals per adult meal purchased from 5-9pm.

Wednesdays

Casa Vallarta Mexican and Seafood Grill

– Greensboro – Kids Eat Free Monday, Tuesday and Wednesday from 4-7pm (ages 10 and below). One kids meal per adult meal. Items 1- 7 on the menu only.

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

East Coast Wings

– GSO, HP, Kernersville, Burlington + Winston Salem – Kids Eat Free Wednesday from 3:30-close. Kids 12 and under can receive one free kids' meal per one adult entrée. Dine-in only.

Firehouse Subs

– Greensboro (Westover Terrace) – Kids Eat Free Wednesday and Sunday after 6pm. One kids' meal with the purchase of one adult medium combo. Kids 12 and under.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet.

Kanpai Japanese Steak and Seafood House

– Winston-Salem – Kids Eat Free on Tuesday and Wednesday. Receive one free kids' chicken meal per two adult entrees. Dine-in only.

The Loop Pizza Grill

– Winston Salem + Kernersville – Kids Eat for \$2.50 on Wednesday. Kids 12 and under may order from the kids' menu. Meal includes drink. Three kids' meal per adult one adult entrée. Dine-in only.

O'Charley's Restaurant and Bar

–Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entrée. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. One free child meal per paying adult. Dine in only.

Tickle My Ribs

– Burlington – Kids Eat Free Wednesday. Wednesday is Family Day. Receive one free kids' meal from the kids' menu per each adult meal purchased. Kids' meal includes small ice cream cup. Dine-in only.

Uncle Maddio's Pizza

– High Point – Kids Eat Free Wednesday from 5-8pm + Sunday All Day. Kids 12 and under receive a free kids' meal (pizza + drink). One kids' meal per the purchase of an adult entrée.

Uptown Charlie's

– Greensboro– Kids Eat for \$0.99 on Wednesday. Children must be 12 or under. One adult entrée must be purchased to receive up to two \$0.99 kids' meal.

Zaxby's

– Archdale (10401 S Main St) – Kids Eat for \$0.99 on Wednesday from 5-9pm. One discounted kids' meal per adult meal purchased with a 22 ounce drink or larger.

– Bermuda Run (5337 US Highway 158) Kids Eat for \$0.99 on Wednesday from 5-8pm. One discounted kids' meal with the purchase of an adult meal.

- High Point (North Main St) – Kids Eat Free on Wednesday from 5-9pm. One free kids' meal per adult meal purchased.
- Kernersville – Kids Eat for \$0.99 on Wednesday. One \$0.99 kids' meal per adult meal purchased w/ beverage all day upon request.
- Lexington (1425 Cotton Grove Rd) – Kids Eat for \$0.99 cents on Wednesday from 5-8pm. Receive up to two kids' meals for just \$0.99 cents each per adult meal purchased.
- Greensboro (Pyramids Village Blvd) – Kids Eat for \$0.99 on Wednesday from 5pm-8pm. One \$0.99 kids' meal per each adult meal purchased.
- Greensboro (W. Gate City Blvd) – Kids Eat for \$0.99 on Wednesday all day. One \$0.99 kids' meal per each adult meal purchased.
- Winston Salem (Summit Square, Oxford Station) – Kids Eat Free Wednesday from 5-8pm. One free kids' meal per each adult meal.

Thursdays

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet.

Kickback Jack's

– All Locations – Kids Eat for \$0.99 on Thursdays. Kids 12 and under eat for \$0.99 with the purchase of an adult meal. Kids' meal does not include drink.

O'Charley's Restaurant and Bar

– Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entree. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. One free child meal per paying adult. Dine in only.

Fridays

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet purchased.

O'Charley's Restaurant and Bar

–Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entree. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. One free child meal per paying adult. Dine in only.

Saturdays

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

Firehouse Subs

– Burlington – Kids Eat Free Saturday and Sunday. Two kids eat free with the purchase of one adult combo. Offer valid all day.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet.

O'Charley's Restaurant and Bar

–Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entree. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. One free child meal per paying adult. Dine in only.

Pizza Inn

– High Point – Kids Eat Free Saturday. Kids aged between 3 and 10 receive a free kids buffet with each paying adult. Dine-in only.

Qdoba Mexican Grill

– Winston Salem + Greensboro locations – Kids Eat Free Saturday. One free kids' meal with the purchase of an adult meal. Dine-in or take out.

Steak and Shake

– All Locations – Kids Eat Free Saturday + Sunday. Receive One free kids' plate for kids 12 and under with every \$9 purchase. Drink and shake are not included. Dine-in only.

Sundays

Barberitos Southwestern Grill and Cantina

– Greensboro (Pisgah Church + Spring Garden) – Kids Eat for \$1.99 Tuesday after 4pm and all day Sunday. One kids' meal per adult entrée purchased. Kids must be 12 or under. Menu options only – changes cost extra.

Cici's Pizza

– Winston Salem (Reynolda Road) + Burlington (Church Street) – Kids Eat for \$5.44 EVERYDAY (ages 4-10) or \$1.29 (aged 3 and under). Food available from the child buffet only. Drink included.

Firehouse Subs

– Greensboro (Westover Terrace) – Kids Eat Free Wednesday and Sunday after 6pm. One kids' meal with the purchase of one adult medium combo. Kids 12 and under.

– Winston-Salem (Stratford Towers) – Kids Eat Free Sunday. One free kids' meal with a purchase of an adult medium combo. 12 and under. Dine-in only.

– Burlington – Kids Eat Free Saturday and Sunday. Two kids eat free with the purchase of one adult combo. Offer valid all day.

Golden Corral

– All locations – Kids Eat Free Every Day. Ages 3 and under only. Limit two kids per adult buffet.

Moe's

– All Locations – Kids Eat Free Sunday Free kids' meals for kids 12 and under from the kids' menu. One free kids' meal per adult entree. Drink and cookie included.

O'Charley's Restaurant and Bar

–Greensboro – Kids Eat Free \$1 Every Day. One kids' meal for \$1 with the purchase of an adult entree. Steak tips, Jr Ribs and drinks not included. *Kids meals cannot be combined with any other special including the Wednesday adult special.

Pita Delite

– All Locations – Kids Eat Free Every Day. Children 10 and under eat free from the kids' menu with an adult purchase of an entrée and drink. Child must be present at the time of ordering. One free child meal per paying adult. Dine in only.

Rio Grande Mexican Kitchen

– Greensboro (Oak Ridge + Downwind locations) – Kids Eat Free Sunday. One free kids' meal per adult entree over \$8. Cannot be combined with the special of the day.

Steak and Shake

– All Locations – Kids Eat Free Saturday + Sunday. Receive One free kids' plate for kids 12 and under with every \$9 purchase. Drink and shake are not included. Dine-in only.

Uncle Maddio's Pizza

– High Point – Kids Eat Free Wednesday from 5-8pm + Sunday All Day. Kids 12 and under receive a free kids' meal (pizza + drink). One kids' meal per the purchase of an adult entrée.

Villa Rosa

– Greensboro – Kids Eat Free Sunday. One kids' menu item per adult entree purchased.

