



GUILFORD PARENT ACADEMY COURSE CATALOG

**BRIDGING THE GAPS FOR STUDENT SUCCESS THROUGH
FAMILY AND COMMUNITY ENGAGEMENT**

Guilford Parent Academy is a Guilford County Schools department that supports parents and families caring for children in Guilford County. Aligned with the district's strategic goals, Guilford Parent Academy works to bridge the gaps for student success by providing resources for parents and families and engaging them in their children's education. Our course catalog offers informational sessions that aid family success and enhance school-parent-community partnerships.

Guilford Parent Academy accepts workshop proposals from validated community agencies that support the work and mission of Guilford County Schools. To submit a workshop proposal, [CLICK HERE](#).

REQUEST A WORKSHOP OR COURSE:

1. Review the course catalog and select the workshops that best fit the needs of your school or organization.
2. Then, [CLICK HERE](#) to complete the workshop request form. Guilford Parent Academy staff will follow up on the request within 48 hours.

Workshop requests should be submitted at least four weeks before the requested preferred date to enable time to coordinate facilitators. If a custom workshop is requested, please submit it six weeks before the date. This timeframe will give the facilitator preparation time for your custom workshop request.

POST SECONDARY SUCCESS

The ABCs of Reading for Early Elementary Families (DIBELS and TRC)

Target Audience: Parents, Grades K-3

Parents will leave this session with an understanding of the reading data gathered three times per year in grades K-3, often referred to as "DIBELS & TRC" data. Parents will also leave with specific ideas of how to support students with the skills listed on the parent information sheet sent home by schools.

ACT Awareness Seminar

Target Audience: Parents and Families of students, Grades 10-11

Families and students will learn about the ACT - the junior administration, test structure, content covered, and practice opportunities and resources.

Family Arts Engagement

Target Audience: Parents and Families

This session is geared towards how to explore art at home. The family will be able to explore art from the kitchen to the living room for a day of family fun and adventure.

Have No Fear: Prepare Your Child for Standardized Tests

Target Audience: All Parents and Caregivers of Children

Learn more about state standardized tests, their meaning, why they are given and how you can help your child prepare for End-of-Grade and End-of-Course tests. This class will include tips for alleviating test anxiety.

Homework Help: Eureka Math for Parents Elementary

Target Audience: Parents, Grades K-5

Parents want to be supportive of math education, but they sometimes feel frustrated when their children learn math at school is different from how they learned it years ago. This workshop will allow parents to experience the same hands-on approach to math that GCS students receive in the classroom. Parents will find out what they can do to apply at home what students are learning at school.

Homework Help with GPA: You Are One Click Away

Target Audience: Educators, Parents, and Families of all GCS Students

Homework can be hard for children and frustrating to parents as well. Join us to learn how you can help your child with math and reading from the comfort of your home. Guilford Parent Academy will guide you through fun and interactive resources on the GPA website to enhance learning at home. Homework time does not have to be stressful. We can help!

Is Your Child Ready? Starting the Journey of Elementary School

Target Audience: Parents of Students Entering Kindergarten

The transition to elementary school can seem overwhelming for both parents and students. Get some tips on making the transition smooth; also, learn more about what to expect in elementary school and how to ensure your student is ready for school.

MVP: Math Resources for High School

Target Audience: Parents, Grades 9-12

Mathematics Vision Project (MVP) is an open-source high school mathematics curriculum for teachers. MVP was created to address the future needs of students competing in a global community. This workshop will inform parents about the new GCS instructional resource for NC Math 1.

Open Up Math for Parents

Target Audience: Parents, Grades 6-8

Parents want to be supportive of math education, but they sometimes feel frustrated when their children learn math at school is different from how they learned it years ago. This workshop will allow parents to experience the same hands-on approach to math that GCS students receive in the classroom. Parents will find out what they can do to apply at home what students are learning at school.

Prep for PreK: Workshop Series for Parents of Children 0-5

Target Audience: Parents of Children ages 0-5

In preparation for PreK, parents will learn about various topics, including early literacy, discipline, what to expect in kindergarten, and raising confident and kind children.

Reading is Fundamental: How to Help Your Child Improve Reading Skills

Target Audience: Parents, Grades K-8

This workshop is geared toward supporting parents with resources and activities to extend a love of reading into the home. Participants will leave with activities, resources, and ideas for making reading a family event.

STEM and Maker Education Learning at Home

Target Audience: Parents GCS Students (prefer Middle & High School)

This session is designed to allow parents to learn how to assist their students in exploring the broad subject of STEM. Parents will learn several no-cost and low-cost, hands-on STEM learning activities they can conduct at home with their students. This workshop can be

conducted live (in-person/face-to-face), live on Internet (via Zoom, Teams, etc.), or pre-recorded via video (YouTube). Instructions will be provided, as well as materials needed.

SAFE AND HEALTHY SCHOOLS

Anti-Bullying & Internet Cyberspace Safety

Target Audience: Parents and Caregivers

Tweens and teens can easily access social media networks and other applications from cell phones, tablet computers, and even gaming systems. Parents & Family members will learn the lingo, find out what's online and how to keep their child safe and encourage responsible use. Parents/Caregivers will learn how they can help fight bullying in today's digital age and help our schools create a culture of caring students.

Get Fit, Stay Fit: How to Keep Your Children Moving at Home

Target Audience: Parents, K-12 students

Participants will learn the following:

- Understand how eating, active habits, and stress affect heart health.
- Identify opportunities to promote heart health through food preparation and eating habits.
- Recognize holistic stress management options.
- Practice family-friendly physical activities and fitness.

FAMILY & SCHOOL PROFESSIONAL DEVELOPMENT

Computer Skills for Job Seekers

Target Audience: All Parents and Caregivers of Children

Develop computer literacy skills essential for success in today's job search. Gain computer skills that will help you find employment. Sharpen your keyboarding skills for finding and applying for jobs online. Conduct online job searches and learn tips for completing online job applications. Learn how to respond to an online job posting and how to post your resume online.

Six Principles of School-Family Partnerships: Striving for a Family-Friendly School Climate

Target Audience: GCS School Staff

Effective partnerships are based on mutual trust, respect, and shared responsibility for the education of students at the school. For true collaboration, parents, teachers, and staff must develop opportunities for two-way communication, through which learning is the key goal. This presentation will introduce six principles leading to true school-family partnerships that will last beyond the classroom.