

# From the Specialists.....

**ART:** If you have access to internet, the following website is a great resource for step by step drawings-

<https://artprojectsforkids.org/category/view-by-media/drawing/>

If you do not have access to internet, have your child go outside and draw things from nature (trees, flowers, animals, etc.)

**PE:** If you have access to the internet, check out [www.gonoodle.com](http://www.gonoodle.com) for some fun movement videos! Sign-up (for free!) and get moving.

If you don't have access to the internet, here are some ideas to do from home: help prepare a healthy meal with your family; do your stretches from class; play "Simon Says" with exercises; 1-minute workouts like jumping jacks and running in place; eat healthy snacks; take a walk outside; or make-up a new game/sport. Get out and move!

## Music:

[www.nyphilkids.org](http://www.nyphilkids.org)

[www.sfskids.org](http://www.sfskids.org)

[www.mydso.com/dso-kids](http://www.mydso.com/dso-kids) (learn and listen)

[www.pbskids.org/games/music](http://www.pbskids.org/games/music)

Chrome Music Lab

[www.littlekidsrock.org](http://www.littlekidsrock.org)

(Start w/a Rhyme and Hip-Hop Basics, Give Me a Word)

YouTube Channels

Visual Music Minds

Grupo Trii - Chocolate and Tambores

The Kiboomers

GIA Publications - All Song Tale Books by John Feierabend and Jill Trinka

Lomaxfanatic (Lomax the Hound of Music)