

## **What is Cyberbullying?**

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- Sending mean, vulgar, or threatening messages or images
- Posting sensitive, private information about another person
- Pretending to be someone else in order to make that person look bad
- Intentionally excluding someone from an online group

## **What does cyberbullying look like?**

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- Cyberbullying can involve varying forms of technology:
  - Mobile phone calls
  - Text messages
  - Picture/video clips
  - E-mail
  - Instant messaging
  - Chat rooms
  - Websites
  - Gaming
- In a recent study, cyberbullying most commonly involved phone calls, texts and instant messages
- The nature of electronic bullying or cyberbullying often includes:
  - Sending mean, vulgar, or threatening messages or images online or via text
  - Posting sensitive, private information or pictures about another person
  - Intentionally excluding someone from an online group
  - Pretending to be someone else in order to make that person look bad<sup>2</sup>
  - Spreading lies and rumors about victims
  - Tricking someone into revealing personal information
- The nature of gaming as a place where cyberbullying occurs, can happen through gaming websites or PC and console games with online components (e.g. Nintendo Wii, Xbox 360, and Playstation 3).
  - Cyberbullying in gaming is usually referred to as "griefing" and is fairly common among young gamers who use IM, chat, and voice chat features to tease and taunt other players.<sup>3</sup>