

Northern Guilford High School

2021-2022

FLEX Schedule - 1st Lunch

Science, English, OCS

	Start	End
Zero Period	8:20	9:20
1st Period*	9:25	10:20
2nd Period	10:25	11:20
3rd Period	11:25	12:50
Lunch	11:25	11:50
4th Period	12:55	1:50
FLEX Period	1:55	2:25
5th Period	2:30	3:25
6th Period	3:30	4:25

* Announcements/Breakfast

FLEX Schedule - 2nd Lunch

Social Studies, World Language, AC

	Start	End
Zero Period	8:20	9:20
1st Period*	9:25	10:20
2nd Period	10:25	11:20
3rd Period	11:25	12:50
Lunch	11:54	12:19
4th Period	12:55	1:50
FLEX Period	1:55	2:25
5th Period	2:30	3:25
6th Period	3:30	4:25

FLEX Schedule - 3rd Lunch

Math, CTE, Fine Arts, PE

	Start	End
Zero Period	8:20	9:20
1st Period*	9:25	10:20
2nd Period	10:25	11:20
3rd Period	11:25	12:50
Lunch	12:23	12:50
4th Period	12:55	1:50
FLEX Period	1:55	2:25
5th Period	2:30	3:25
6th Period	3:30	4:25

Regular Schedule - 1st Lunch

Science, English, OCS

	Start	End
Zero Period	8:20	9:20
1st Period*	9:25	10:26
2nd Period	10:31	11:32
3rd Period	11:37	1:06
Lunch	11:37	12:04
4th Period	1:11	2:12
5th Period	2:17	3:18
6th Period	3:23	4:25

Regular Schedule - 2nd Lunch

Social Studies, World Language, AC

	Start	End
Zero Period	8:20	9:20
1st Period*	9:25	10:26
2nd Period	10:31	11:32
3rd Period	11:37	1:06
Lunch	12:08	12:35
4th Period	1:11	2:12
5th Period	2:17	3:18
6th Period	3:23	4:25

Regular Schedule - 3rd Lunch

Math, CTE, Fine Arts, PE

	Start	End
Zero Period	8:20	9:20
1st Period*	9:25	10:26
2nd Period	10:31	11:32
3rd Period	11:37	1:06
Lunch	12:39	1:06
4th Period	1:11	2:12
5th Period	2:17	3:18
6th Period	3:23	4:25

One Hour Delay- 1st Lunch

	Start	End
Zero Period	9:35	10:20
1st Period	10:25	11:15
2nd Period	11:20	12:10
3rd Period	12:15	1:38
Lunch	12:15	12:40
4th Period	1:43	2:33
5th Period	2:38	3:28
6th Period*	3:33	4:25

*Announcements

One Hour Delay- 2nd Lunch

	Start	End
Zero Period	9:35	10:20
1st Period	10:25	11:15
2nd Period	11:20	12:10
3rd Period	12:15	1:38
Lunch	12:44	1:09
4th Period	1:43	2:33
5th Period	2:38	3:28
6th Period*	3:33	4:25

One Hour Delay- 3rd Lunch

	Start	End
Zero Period	9:35	10:20
1st Period	10:25	11:15
2nd Period	11:20	12:10
3rd Period	12:15	1:38
Lunch	1:13	1:38
4th Period	1:43	2:33
5th Period	2:38	3:28
6th Period*	3:33	4:25

Two Hour Delay- 1st Lunch

	Start	End
Zero Period	10:40	11:20
1st Period	11:25	12:02
2nd Period*	12:07	1:37
Lunch	12:07	12:34
3rd Period	1:42	2:19
4th Period	2:24	3:01
5th Period	3:06	3:42
6th Period	3:47	4:25

*Announcements

Two Hour Delay- 2nd Lunch

	Start	End
Zero Period	10:40	11:20
1st Period	11:25	12:02
2nd Period*	12:07	1:37
Lunch	12:38	1:05
3rd Period	1:42	2:19
4th Period	2:24	3:01
5th Period	3:06	3:42
6th Period	3:47	4:25

Two Hour Delay- 3rd Lunch

	Start	End
Zero Period	10:40	11:20
1st Period	11:25	12:02
2nd Period*	12:07	1:37
Lunch	1:09	1:37
3rd Period	1:42	2:19
4th Period	2:24	3:01
5th Period	3:06	3:42
6th Period	3:47	4:25