

Family Media Agreement

I, _____, will:

... take care.

I will take care of the device I'm using and tell my family if it's broken, stolen, or lost. As a family, we have agreed on the consequences if I lose or break a device, and I understand those consequences.

I understand that the device belongs to Guilford County Schools.

... stay safe.

I will not create accounts or give out any private information — such as my full name, date of birth, address, phone number, or photos of myself — without my family's permission.

I will not share my passwords with anyone other than my family. I will ask my family to help me with privacy settings if I want to set up devices, accounts, or profiles.

If anyone makes me feel pressured or uncomfortable or acts inappropriately toward me online, I'll stop talking to that person and will tell a family member or other trusted adult about it.

... think first.

I will not bully, humiliate, or upset anyone online — whether through sharing photos, videos, or screenshots, spreading rumors or gossip, or setting up fake profiles — and I will stand up to those who do.

I know that whatever I share online can spread fast and far. I will not post anything online that could harm my reputation.

Whenever I use, reference, or share someone else's creative work online, I will give proper credit to the author or artist.

I know that not everything I read, hear, or see online is true. I will consider whether a source or author is credible.

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... stay balanced.

- I will help my family set media time limits that make sense, and then I will follow them.
- I will be mindful of how much time I spend in front of screens, and I will continue to enjoy the other activities — and people — in my life.
- If using media or being online is making me unhappy or it's hard to stop, I will take a break and talk to a family member.
- _____

... communicate openly.

- I will talk to my family about what media I use and what I do online and answer any questions they have openly and honestly.
- I will tell my family if I'm struggling with media use, have made a mistake online, or need help.
- _____

In exchange, my family agrees to:

- recognize that media is a big part of my life, even if they don't always understand why.
- talk with me about what worries them and why before saying "no."
- talk to me about my interests and embrace my world, including helping me find media that's appropriate and fun.
- _____

X_____
SIGNED BY ME**X**_____
SIGNED BY MY PARENT OR CAREGIVER