

# 5K & 1 MILE FUN RUN & WALK



**NOVEMBER 6, 2021**

**FAMILY & STROLLER FRIENDLY!  
EVERYONE WELCOME  
to this COMMUNITY EVENT!**

## **NORTHERN GUILFORD HIGH SCHOOL**

**7101 Spencer Dixon Rd.**

**8:15am-FUN RUN/WALK**

**9:00am-5K RACE**

**We are accepting non-perishable food donations!**

**Majority of proceeds to benefit**

**A Simple  
Gesture**



**WALK, RUN, VOLUNTEER, OR SPONSOR!**

**Email: [nghs5K@yahoo.com](mailto:nghs5K@yahoo.com)**

**[www.runsignup.com](http://www.runsignup.com)**

**REGISTER**



**Sponsored by  
Northern Guilford High School PTSA**