

**Middle School
Tobacco/Vaping Education
Alternative to Suspension / Early Intervention Program
(Rule 5 – Tobacco/Vaping)
2022-2023**

The Tobacco/ Vaping Education Program is an early intervention program designed to address vaping and tobacco use. It is offered to middle school students who violate the tobacco policy (Rule5) **or by parental request**. Students attend a virtual two-hour session provided by Alcohol & Drug Services (ADS). GCS Health Services and Nursing coordinates and contracts these services through ADS.

Program Goals

- ❖ Offer a positive option (instead of suspension) for the student who has violated the district's tobacco-use policy.
- ❖ Share extensive information about the aspects of tobacco product use, (including e-cigarettes) and thereby increasing student awareness of the negative consequences of tobacco/nicotine use.
- ❖ Strives to assist the student in making the decision to stop the use of tobacco products.

Program Objectives

Participants will demonstrate improvement in their quality of life by exhibiting the ability to:

- Explore personal decision making in the use of e-cigarette and tobacco products.
- Describe the negative consequences of the use of e-cigarette and tobacco products.
- Enhance their awareness of personal e-cigarette and tobacco product use, including the risks of nicotine addiction.
- Decrease and/or quit using e-cigarette and tobacco products.
- Accept of the reality of school policy and rules.

Who can attend the Tobacco Education Program?

- Any middle school student who has violated the tobacco-use policy at school.
- Any student who has a desire to decrease or quit their e-cigarette and tobacco product use/and can attend the Tobacco/Vaping Education Program as a first step toward cessation.
- Any middle school student whose parent requests that they attend the program because they are concerned about their student's use of tobacco or vaping products.

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Referral Process**

	Alternative to Suspension Referral	or	Parental Concern / Self-Referral
1	Student is offered the opportunity to enroll in the program as a result of violating the district's tobacco policy (RULE 5)		Parent expresses concerns and/or a desire for the student to attend Program
2	Administrator completes the referral form and obtains the parent and student signatures Parent is given a copy of completed form and the Tobacco / Vaping Education Program Goals & Objectives Parent is instructed to contact Alcohol & Drug Services (ADS) and schedule a time for the student to take the classes		Administrator or parent contacts Kimberly Fields, Substance Abuse Lead Teacher, who completes the referral process
3	Administrator or designee password protects the completed form and sends it to Kimberly Fields, Substance Abuse Lead Teacher at fieldsk2@gcsnc.com		
5	The GCS Substance Abuse Lead Teacher informs the referring administrator when the student completes the program		

Contact Kimberly Fields, Substance Abuse Lead Teacher (fieldsk2@gcsnc.com) at (336) 621-4044 (office) or (336) 482-8462 (cell) with any questions.