

Northern Middle School Emergency Action Plan

Northern Middle School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the head athletic trainer (or school administrator, in the absence of a licensed athletic trainer).

An **emergency** is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

Situations when 911 should be called are:

- an athlete is not breathing
- an athlete has lost consciousness
- it is suspected that an athlete may have a neck or back injury
- an athlete has an open fracture (bone has punctured through the skin)
- severe heat exhaustion or suspected heat stroke
- severe bleeding that cannot be stopped

Chain of Command

Administrator
School Resource Officer
Athletic Director
Head Coach
Assistant Coach
Other Athletes

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed:

EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. The front office or an administrator should be notified that there is an emergency situation on campus.
2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or **when dialing from a Northern Middle phone you must first dial 9 and then 911.** EMS should be told what the emergency is, the condition of the athlete and how

to get to where the athlete is. Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**

3. Phones at **Northern Middle School** are located in the main office, classrooms, coaches offices, and in the front lobby of the school,

Administrator: Mrs. Ellis: 215-7559

4. The leader will send runners to all intersections between where the athlete is located and **Northern Middle School**/venue-specific location to direct the ambulance to the athlete.

The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.

5. The leader will designate another person to attempt contact with the athlete's parents.

6. If transport is deemed necessary by EMS, For **HOME** games the athlete will be taken to the following, unless the parent requests otherwise.

Moses Cone Health Center

1200 N. Elm Street,
Greensboro, NC 27401

Wesley Long Community Hospital

501 N. Elam Avenue
Greensboro, NC 27403

Northern Middle School is located at:

**616 Simpson-Calhoun Rd
Greensboro, NC 27455**

The closest intersection to the school is Simpson-Calhoun and Spencer Dixon Road.

Post-Concussion Protocol

If a student-athlete exhibits signs and symptoms consistent with a concussion (even if not formally diagnosed), the student-athlete is to be removed from play and is not allowed to return to play (game, practice, or conditioning) on that day.

Student-athletes are encouraged to report their own symptoms, or to report if peers may have concussion symptoms. Coaches, parents, volunteers, first responders, school nurse, licensed athletic trainers (if available), are responsible for removing a student-athlete from play if they suspect a concussion. Following the injury, the student-athlete should be evaluated by a qualified medical professional with training in concussion management. It is strongly recommended that each institution seek qualified medical professionals in the surrounding community to serve as resources in the area of concussion management.

In order for a student-athlete to return to play without restriction, he/she must have written clearance from appropriate medical personnel. The form that should be used for this written clearance is posted on this website.

Location of AED's

1. In nurse's office within the main office.
2. Room 303, Encore workroom

IMPORTANT PHONE NUMBERS:

EMS: 911 or 9-911 if calling from a school phone

Main Office: 605-3342 ext.1100

Athletic Director's:605-3342 ext. 1630 Anna Rumsey

Principal's: 215-7559 Mrs. Ellis

ZONE 1 (Main Gymnasium, Auxiliary Gym, and Main Building)

EMS Route: Spencer Dixon to Simpson-Calhoun Rd. First Right - Entrance #1

Primary AED: Main Office

Secondary AED: Rm. 303

ZONE 2 (Soccer Field, PE Field, Baseball Field, Softball Field, Outside basketball court)

EMS Route: Spencer Dixon to Simpson-Calhoun- Entrance #2

Primary AED: Main Office

Secondary AED: Rm. 303

ZONE 3 (High School Football Stadium)

EMS Route: Spencer Dixon to High School Entrance at the school sign. Go towards the Football Field between the tennis courts and Building- Entrance #3

Primary AED: Main office of Middle School

Secondary AED: Rm. 303